

ABSTRACT

B3 A bicycle safety pedal including a toe element for receiving a front end of the cleat and a rear fastening device, which is suitable for engaging the rear end of the cleat when the rear end of the cleat is pressed over the rear fastening device. The cleat is released by moving the rear end laterally. The resting surface of the cleat on the pedal includes a cam surface for lifting the side of the cleat, which is moved away from the centre of the pedal when the releasing rotation is imposed on the cleat. The cam surface is only arranged on the side of the pedal facing outwards (with reference to the fitting condition of the bicycle), so to be operative only when the rear end of the cleat is moved laterally outwards, *i.e.*, distanced with respect to the bicycle, starting from the engaged position.